

## Highlights

- BOK 2018
- ETO Closed for Summer Maintenance

www.ETO.bz

*The Newsletter of  
Energy Tae Kwon Do  
Organization  
Kennesaw GA  
August 2018*

# Board Breakin' News



## Celebrate ETO!

*"ETO's Anniversary Celebration – August 18"*

Join us on Saturday August 18<sup>th</sup> for ETO's annual customer appreciation and celebration event! For a donation of \$20.00 anyone with a home based business may set up a table. We will also feature a raffle! Anyone who would like to donate a raffle item, please see Miss Missan. Be sure to purchase your \$2 raffle ticket from your favorite demo star or front desk.

### ETO BOK 2018

Calling all Martial Arts & Fitness Competitors! The Energy Tae Kwon Do Organization will host the 16<sup>th</sup> Annual Battle of Kennesaw Martial Arts and Fitness Championships on Saturday September 29<sup>th</sup> at Furtah Prep School located at 5496 Highway 92 (Acworth). The vision of the Battle of Kennesaw is to provide a safe and fun competition that unites martial artists and fitness

competitors in a service project for families in need during the holiday season. The Battle of Kennesaw is open to both ETO and Non ETO students of all ages and all belt levels. Awards will be presented in each category for 1-2-3 placements, BUT the greater emphasis of the competition is participation. Each pre-registered participant earning a total of 10+ merits from a combination of martial arts & fitness events will be awarded a handsome 4 foot trophy. The Battle of Kennesaw has partnered with local service organizations to provide food, toys and gift certificates to needy families during the Holiday Season. Each participant will receive merits for turning in can food donations, toy donations or gift certificates to local stores. ETO and service organizations will deliver gift baskets to special families in need. In addition to the

competition and service project, The Battle of Kennesaw will celebrate the "Modern Day Warrior 2018" scholarship award. Nominations (ages 12-20) may be submitted no later than September 10<sup>th</sup>.

### Closed for Summer Maintenance

ETO will also be closed Monday July 30 - Saturday August 4 for Annual Summer Maintenance.

ETO will be closed for Labor Day on Monday September 3<sup>rd</sup>.

**Reminder** - ETO class schedule is based on a 4 week month.

### Check out our Pro-shop Specials

- Book your B-day Party or Celebration event at ETO!
- Self Defense Workshops Available for your group or office
- CPR Workshops Available for your group or office