



March

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

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- Adult Weapons
- 1 PM – Belt Tests

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16

Youth Weapons

T-shirt Night

17

18

19

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23

Grappling

1:00 PM - CPR

24

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29

30

6:00 PM - CPR

Weapons – All Ages

Combined Classes
Spring Break

2019

31

Gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for.

- Zig Ziglar