

## Highlights

- Spring Break & Big Shanty Schedules
- CAMP ETO

www.ETO.bz

*The Newsletter of  
Energy Tae Kwon Do  
Organization  
Kennesaw GA  
March 2019*

# Board Breakin' News



## Sizzlin' Summer @ Camp ETO!

*"Summer Camp Fitness & Fun!"*

### Save Dates for CAMP ETO

13<sup>th</sup> Annual Camp ETO

**June 10-14 or July 15-19**

The camp is open to both ETO students and non students.

Registration information is available at the front desk.

### CPR Workshops at ETO

**Saturday March 23rd**

**1:00 PM at ETO**

**OR**

**Tuesday March 26**

**6:00 PM at ETO**

### Cost:

**\$60.00 ETO Students**

**\$65.00 Non ETO Students**

All Instructors & Black Belts are required to have updated certifications on file

### Battle of Kennesaw

ETO Martial Arts and Fitness hosted the 16<sup>th</sup> Annual Battle of Kennesaw on Saturday February 9<sup>th</sup> at Furtah Preparatory School located on Hwy 92 in Acworth. The Martial Arts & Fitness Championships and Service Project proved another success! In addition to the competition and service project, ETO awarded a special School Participation Award (earned by a non ETO school with the most competitors in the event). BOK winner this year was Ohana Karate from Thomaston GA. Congrats to Mr. Walker Tharpe and all his students for a fine show of sportsmanship. ETO also presented the Modern Day Warrior Scholarship to a young Martial Artist between the ages of 12 -20. ETO proudly presented this award to Miss Shanjana Sharma (age 16) of ETO. Miss Shanjana is a fine example of leadership both on and off the training floor. ETO extends a special "Thank-You" to all competitors, spectators and volunteers for making BOK a success!

### Special Schedules

## **SPRING BREAK**

### **Combined Classes - Saturday 3/30**

8:15 AM - Cardio Kick

9:30 AM - ages 5-10 All Belts

10:30 AM - ages 10 -Adult All Belts

### **Combined Classes - Monday 4/1**

5:00 PM - Cardio Kick

6:05 PM - ages 5-10 All Belts

7:05 PM - ages 10- Adult All Belts

**No Classes on Thursday 4/4**

**No Classes - Saturday 4/6**

### **ETO at BIG SHANTY FESTIVAL**

**No Classes on Sat. 4/13**

\*\*Reminder ETO class schedules are based on a 4 week month.

### Check out our Pro-shop Specials

- Self Defense Workshops Available for your group or office
- CPR Workshops Available for your group or office

Book a Birthday Party or Celebration at ETO!

See the front desk for details!