

Highlights

- **Holiday Schedule**
- **Team Sign Ups**

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*The Newsletter of
Energy Tae Kwon Do
Organization
Kennesaw GA
December 2018*

Board Breakin' News



CALLING ETO CHRISTMAS ELVES

"ETO's Annual Holiday Service Project"

Each year ETO Martial Arts and Fitness celebrates the holidays by hosting a service project. This year ETO will donate gift cards to special families in need. If you would like to help, please sign up at the front desk. Gift cards are due by Saturday 12/15. This will allow the families to shop for needed items prior to the Christmas Holiday. Thanks so much for your support!

Demo Team Instructor Banquet

ETO Martial Arts and Fitness held its annual Instructor Staff and Demo Team Awards Banquet on Friday evening November 16 at their DoJang located in down town Kennesaw. The evening was a special celebration of fellowship, food, games, and awards. The ETO team has had a tremendous year and has been blessed with great support from family and friends. Hats off to a WONDERFUL team of instructors and performers! ETO honorees include: Kaitlyn Bentley, Cameron Doering, Gavin Doering, Meena Edwards, Xandy Edwards, Alex Harmer, Nikolai Harmer, Molly

Henkes, Alex Hextell, Zach Hextell, Kevin Krantz, Marie Krantz, Michael Krantz, Allison Lotempio, Autumn Lynn, Emma Morrell, Michael Sawyer, Sanjana Sharma, Isabelle Snyder, Gavin Tica, Staci Thomas, Kaitlyn Winters, and Luke Winters.

Holiday Schedule

**ETO will be CLOSED for Christmas
and New Year's Holidays**

Monday 12/24 - Monday 12/31.

**Regular Classes Resume
Thursday Jan. 3**

2019 Demo Team

The 2019 ETO STORM demo team is looking for a few good members. This year's team will be by invitation only and is open to students soon to be Blue Belt and above. Please see Miss Missan no later than 12/20 if you have an interest in becoming a part of the STORM team. This is a serious commitment which calls for mature participants only.

Assistant Instructor Program

Information for the 2019 Assistant Instructor program is available at the front desk. The program is open to Blue Belts and up. This is a serious commitment and calls for mature participants only. Please see Miss Missan by 12/20.

2019 Battle of Kennesaw

Get ready to kick into action at the Battle of Kennesaw on Saturday Feb. 9 at Furtah Prep School in Acworth! Get your registration forms in NOW!

Holiday Gift Ideas

- Don't forget your ETO athlete! Stop by the front desk for gifts or stocking stuffers!!
- Private Lesson Gift Certificates also available!

**ETO wishes you a Merry
Christmas and the blessings
of the Holiday Season!**