



October

2017

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2	3	4	5	6	7 Adult Weapons
8	9 Youth Weapons	10	11	12	13	14
15	16	17	18	19 T-shirt Night	20	21 Testing – 1PM
22	23 Grappling	24	25	26 Weapons – All Ages	27	28 -ETO Closed - BOK
29	30 ETO Fright Fest	31 Happy Halloween				

We cannot change our past. We can not change the fact that people act in a certain way.
We can not change the inevitable. The only thing we can do is play on the one string we have,
and that is our attitude. I am convinced that life is 10% what happens to me and 90% of how I react to it.
And so it is with you... we are in charge of our attitudes.

- Charles Swindoll