

## Highlights

- Spring Break & Big Shanty
- Summer Camp Dates

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# Board Breakin' News

*The Newsletter of  
Energy Tae Kwon Do  
Organization  
Kennesaw GA  
April 2018*



## ETO STORM Hits Big Shanty Days!

*"Special Team of Role Models Performs at Local Festival"*

Be sure to catch the ETO STORM at this year's Big Shanty Festival. The ETO Martial Arts and Fitness demonstration team has been a long time favorite of the festival. Their presentation includes martial arts stunts/techniques, board/brick breaks, and weapons choreographed to exciting signature music. This year's team is 22 members strong and ready to add to a fantastic weekend. The STORM will be performing on Saturday April 21<sup>st</sup> at 1:30 PM at the Depot Stage and at 2:30 PM at the City Hall stage. They will also perform on Sunday April 22<sup>nd</sup> at 1:30 PM on the Depot stage and at 2:30 PM on the City Hall Stage.

### Save the Dates

A few more weeks until summer break! Don't miss your opportunity to kick into some fun with ETO! ETO is proud to host its twelfth annual Camp ETO located at 2689 South Main Street in down town Kennesaw. This martial arts and fitness themed camp is offered for 2 weeklong sessions the weeks of June 11-15 and July 9-13. Camp ETO is the perfect summer event for both the seasoned martial artist and the beginner who has yet to throw a first punch. The week's activities will focus on fitness, sportsmanship, safety awareness, community service, values lessons, and skills development in a fun and safe environment. In addition to martial arts, activities will include outdoor games,

swimming, field trips, crafts, service projects and guest speakers.

### Spring Break Schedule

#### Combined Classes-Saturday 3/31

8:15 AM - Cardio Kick  
9:30 AM - ages 5-10 All Belts  
10:30 AM - ages 10-Adult All Belts

#### Combined Classes - Monday 4/2

5:00 PM - Cardio Kick  
6:05 PM - ages 5-10 All Belts  
7:05 PM - ages 10- Adult All Belts

#### No Classes On Tuesday 4/3

#### No Classes on Wednesday 4/4

#### No Classes on Thursday 4/5

#### No Classes - Saturday 4/7

**ENJOY a SAFE & HAPPY  
Spring Break!**