

## Highlights

- CPR Workshops
- 2018 STORM Team

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# Board Breakin' News

*The Newsletter of  
Energy Tae Kwon Do  
Organization  
Kennesaw GA  
February 2018*



## Get Heart Certified this February!

*"Registering CPR Certification Workshops"*

### CPR Workshop

**Adult/Child/AED**

**Wednesday February 7th**

**6:30 PM at ETO**

or

**Saturday February 10**

**10:30 AM at ETO**

**Cost:**

**\$50.00 ETO Students**

**\$55.00 Non ETO Students**

All Instructors & Black Belts are required to have updated certifications on file

comprised of different ages and belt levels. "THE STORM TEAM" has been a local favorite since 1994. They have performed for festival, school, church, business, and community events. They have also been featured on videos and u-tube. They represent not only the physical aspects of martial arts, but the also the confidence and leadership skills that are developed through the ETO program. ETO looks forward to showcasing another wonderful team this year! Congrats to the following team members: Kaitlyn Bentley, Cameron Doering, Gavin Doering, Meena Edwards, Molly Henkes, Zach Hextell, Kevin Krantz, Allison Lotempio, Emma Morrell, Michael Sawyer, Sanjana Sharma, Isabelle Snyder, Autumn Strange, Gavin Tica, Isabelle Welsh, Luke

Winters and Kaitlyn Winters. They are coached by Doug Edwards, Missan Edwards, Xandy Edwards, Michael Krantz, & Staci Thomas.

### Winter Break Schedule

ETO will only be closed on for 1 day during Winter Break!

**Monday 2/19 - Regular  
Schedule**

**No classes on Thursday 2/22**

**Saturday 2/24 - Regular  
Schedule**

### 2018 ETO Storm Team

Tryouts for the 2018 ETO Martial Arts and Fitness Demonstration Team "THE STORM" were held on Friday night January 12. Martial artists performed their skills in techniques, forms, weapons, and stunt work. ETO is very proud to present a 2018 team

**Book a Birthday Party or  
Celebration at ETO!**