

Highlights

- Spring Break & Big Shanty
- Summer Camp Dates

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The Newsletter of
Energy Tae Kwon Do
Organization
Kennesaw GA
April 2019

Board Breakin' News



STORM alert for Big Shanty Festival!

"Take Cover – ETO Demo Team is Coming to Town!"

Be sure to catch the ETO STORM at this year's Big Shanty Festival. The ETO Martial Arts and Fitness demonstration team has been a long time favorite of the festival. Their presentation includes martial arts stunts/techniques, board/brick breaks, and weapons choreographed to exciting signature music. This year's team is 21 members strong and ready to add to a fantastic weekend. The STORM will be performing on Saturday April 13th at 1:30 PM at the Depot Stage and at 2:30 PM at the City Hall stage. They will also perform on Sunday April 14th at 1:30 PM on the Depot stage and at 2:30 PM on the City Hall Stage.

Save the Dates

A few more weeks until summer break! Don't miss your opportunity to kick into some fun with ETO! ETO is proud to host its 13th annual Camp ETO located at 2689 South Main Street in down town Kennesaw. This martial arts and fitness themed camp is offered for 2 weeklong sessions the weeks of June 10-14 and July 15-19. Camp ETO is the perfect summer event for both the seasoned martial artist and the beginner who has yet to throw a first punch. The week's activities will focus on fitness, sportsmanship, safety awareness, community service, values lessons, and skills development in a fun and safe environment. In addition to

martial arts, activities will include outdoor games, swimming, field trips, crafts, service projects and guest speakers.

Spring Break Schedule

Combined Classes-Saturday 3/30

8:15 AM - Cardio Kick
9:30 AM - ages 5-10 All Belts
10:30 AM - ages 10-Adult All Belts

Combined Classes - Monday 4/1

5:00 PM - Cardio Kick
6:05 PM - ages 5-10 All Belts
7:05 PM - ages 10- Adult All Belts

No Classes on Thursday 4/4

No Classes - Saturday 4/6

**ENJOY a SAFE & HAPPY
Spring Break!**