

Highlights

- **STORM TEAM**
- **Labor Day Schedule**

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*The Newsletter of
Energy Tae Kwon Do
Organization
Kennesaw GA
September 2019*

Board Breakin' News



ETO Anniversary ROCKS!

"Annual Celebration to Benefit Scholarships & BOK"

ETO Martial Arts & Fitness held its annual Anniversary Celebration on Saturday August 17. The Dojang located at 2689 South Main Street was full of friends and activity! The event included classes, games, and raffles. A highlight of the morning was an amazing performance by the ETO Demo Team "THE STORM". They showcased their martial arts skills by demonstrating forms, weapons, and stunts all choreographed to their signature music.

ETO STORM WATCH

In addition to the ETO Anniversary, the ETO STORM Team kicked it up in high gear at this year's Pigs & Peaches festival held on Friday &

Saturday 8/23-24. They showcased their martial arts skills by demonstrating forms, weapons, stunts, along with their amazing brick and board breaks all choreographed to their signature music. Congrats to the following team members: Kaitlyn Bentley, Alex Harmer, Zach Hextell, Allison LoTempio, Emma Morrell, Michael Sawyer, Ethan Myers, Sanjana Sharma, Isabelle Snyder, Autumn Strange, Suchitha Vanguri, Kaitlyn Winters, Luke Winters, Bailly Van Zandt, Sophia Van Zandt, Alex Hextell (Mascot) & Jordon Nikhil (Mascot) & Coaches Meena Edwards, Xandy Edwards, Staci Thomas, Doug and Missan Edwards.

ETO Helps Save Lives

On Wednesday 8/21, Miss Missan help coordinate a blood drive for the American Red Cross. Miss Meena & Miss Staci assisted with the event by helping out with registration and by donating their own pint of blood, enabling the blood drive to reach their goal. Way to go ETO!

Labor Day Weekend Schedule

Saturday 8/31 - Combined Classes

- Cardio Kick Boxing 8:15 AM
- All ages 5-10 9:35 AM
- All ages 9-Adult 10:35 AM

Mon. 9/2 - ETO Closed Labor Day

Enjoy a fun & safe holiday weekend!